



**TURA GOVERNMENT COLLEGE, TURA**  
**NATIONAL SERVICE SCHEME**  
**REPORT**  
**ON**  
**NATIONAL INTEGRATION CAMP-2023**  
**AT CCS HARYANA AGRICULTURAL UNIVERSITY,**  
**HISAR, HARYANA**  
*July 19<sup>th</sup>-25<sup>th</sup> 2023*

**LIST OF THE PARTICIPANTS FROM TURA GOVERNMENT COLLEGE, TURA, MEGHALAYA  
TO NATIONAL INTEGRATION CAMP (NIC), TO BE HELD AT CH. CHARAN SINGH HARYANA AGRICULTURE  
UNIVERSITY, HISAR FROM 19<sup>TH</sup> TO 25<sup>TH</sup> JULY, 2023**

SL NO.	NAME OF PARTICIPANTS	
1	SHRI. VICKY TRONA A SANGMA, Assistant Professor Mobile No. 7005277805 PROGRAMME OFFICER	
2	Smt. Tengrikre T Sangma NSS VOLUNTEER	V Semester History Honours
3	Smt. Jaksil Birong Ch Marak NSS VOLUNTEER	V Semester Economics Honours
4	Smt. Chelsea Amanchi K Marak NSS VOLUNTEER	V Semester Economics Honours
5	Smt. Amazia A Sangma NSS VOLUNTEER	V Semester Garo Honours
6	Shri. Rakesh D Sangma NSS VOLUNTEER	V Semester Political Science Honours
7	Shri. Anio Ch Marak NSS VOLUNTEER	V Semester History Honours
8	Shri. Dilkillin Ch Marak NSS VOLUNTEER	V Semester Garo Honours
9	Shri. Rangku B Marak NSS VOLUNTEER	V Semester Philosophy Honours





**Tura Government College, Tura NSS unit was selected as a representative from Meghalaya to attend a Seven day National Integration Camp organized by National Service Scheme held from July 19<sup>th</sup> – 25<sup>th</sup> 2023 at CCS Haryana Agricultural University, Hisar, Haryana.**

**A total of 200 volunteers and 15 Program Officers (National Service Scheme) from 15 States-Northeast region, Madhya Pradesh, Delhi, Maharashtra, Jammu and Kashmir, Punjab, Haryana, Bihar, Jharkhand, Himachal Pradesh, Uttar Pradesh, Uttarakhand, Chandigarh, Rajasthan, Karnataka, participated in this National Integration Camp.**





## National Integration Camp Schedule

CCSHAU, Hisar  
(19<sup>th</sup> July to 25<sup>th</sup> July, 2023)



Date & Day	6.00 AM to 7.30 AM	9.00 AM to 11.00 AM	11.30 AM to 1.00 PM	2.30 PM to 4.00 PM	4.00 PM to 5.30 PM	6.30 PM to 8.00 PM
19.07.2023		Registration & Document verification	Inaugural function	Introduction to camp & Ice Breaking session		Cultural presentation (Haryana)
20.07.2023		Academic session	Motivational speak	Motivational speak	Awareness Rally Social Work with Community	Cultural presentation (Bihar, Jharkhand, Uttar Pradesh & Uttarakhand)
21.07.2023		Academic session	Motivational speak	Speech Competition Poster Making	Motivational speak	Cultural presentation (Punjab, Chhattisgarh, Himachal Pradesh, J&K)
22.07.2023		Academic session	Motivational speak	Solo Dance, Slogan writing competition	Recreational activities, games	Cultural presentation (North East states & Delhi)
23.07.2023		Visit of Historical place nearby Hisar		Poem recitation Collage making	Solo Singing	Cultural presentation (Gujarat, Madhya Pradesh, Chhattisgarh)
24.07.2023		Academic session	Motivational speak	Group Dance Rangoli	Plantation by NSS volunteers	Cultural presentation (Rajasthan, Karnataka, Maharashtra)
25.07.2023		State wise report presentation and camp feed back	<b>Valedictory</b>			

Breakfast: 8.00 AM to 9.00 AM

Lunch: 1.00 PM to 2.30 PM

Dinner: 8.00 PM to 9.00 PM

Tea Break: 11.00 AM to 11.30 AM & 5.30 PM to 6.30 PM

Yoga and exercises

Programme Coordinator NSS  
CCSHAU, Hisar

### 1<sup>st</sup> day (19 July 2023)

On first day of the camp, after registration all participants (volunteers and program officers) were welcomed by Prof. S.K Pahuja (Dean of CCSHAU).

Thereafter, all the volunteers were divided into 10 groups named A,B,C,D,E,F,G,H,I,J consisting volunteers from different states and different universities. An ice breaking session was conducted that the all volunteers introduced themselves to each other to know about each other's hobbies & strengths. The objective of this group making activity was that all volunteers got to know about different states, their cultures, their livelihood and their language. All the volunteers presented a glimpse of the culture of Haryana state during evening cultural programs.

### 2<sup>nd</sup> Day (20<sup>th</sup> July 2023)

The second day started with Yoga at 6:00AM and ended at 7:30AM. The Yoga practices were done under the guidance of a reputed Yoga Trainer. After the breakfast the first academic session started at 10:30AM in which Shri. Desh Raj addressed the volunteers on Logo of NSS and about the motive of NSS Motto.

The second and third academic session of Shri. Krishna Kumar social worker addressed the volunteers and gave motivational speech about Seva with deep and work experience.

In the evening there was a series of cultural events performed by the states- Bihar, Jharkhand, Uttar Pradesh & Uttarakhand.

### 3<sup>rd</sup> Day (21<sup>st</sup> July 2023)

The third day of NIC started with Yogic practices and then after breakfast Shri. Jagdeep Bhargava, Programme Coordinator speaks about how to increase your value and your skills, opportunity work and to develop soft skills.



In the second session Shri. Suresh Ji Jain gave a session on NSS and its importance and in the third session Shri. Rahul Sharma, District Drug Controller, Hisar speaks about drug addiction.

In the evening there was a Speech competition and poster making where volunteers showed their talent.

There were cultural performances also in the evening before the dinner by Punjab, Chandigarh, Himachal Pradesh and Jammu & Kashmir.

#### 4<sup>th</sup> Day (22<sup>nd</sup> July 2023)

The Day started with session of Yoga and Meditation. In the first academic of the day Shri. Bharigu ji addressed the volunteers on wastage of time due to laziness and about activeness in yourself and listen to motivational speaker.

In the evening the volunteers engaged themselves in sports and cultural activities.

There were cultural performances given by Volunteers of Tura Govt. College representing all of North-Eastern States along with Delhi and Chattisgarh.

#### 5<sup>th</sup> Day (23<sup>rd</sup> July 2023)

On the fifth day of the NIC, the volunteers and POs were taken to Agroha Historical place.

The trip was for the whole day and in the evening there were cultural events performed by the Gujarat, Madhya Pradesh.

#### 6<sup>th</sup> Day (24<sup>th</sup> July 2023)

The day started with Yogic practices and after the breakfast the first academic session was a lecture on Youth Redcross by Shri. Rohit Sharma Haryana Sports Affair. He said that Redcross and NSS is interconnected they both work for mankind.

In the afternoon the volunteers were given platform to showcase their talents and in this session they recited poetry, sang songs and showed artistic skills. Jaksil Birong Ch Marak won the first prize in singing Competition held during the Camp.

In the evening there were cultural events including performances or displays of artistic expression by the assigned states.

#### 7<sup>th</sup> Day (25<sup>th</sup> July 2023)

The last day of the camp was for valedictory session in which the DEAN of CCSHAU Prof.. S.K Pahuja addressed the volunteers and shared his experiences. He said that National integration camps are being organized in India for a long time. The objective of these camps is to build a unity and peace with spiritual harmony between different states and cultures of India.

The POs and Volunteers shared their experiences and applauded the host University, Chaudhary Charan Singh Haryana Agricultural University for the hospitality and merit of the sessions and events. The participation certificates were also distributed for their departure.



Programme Officer  
NSS, Tura Govt. College, Tura



Principal  
Tura Government College, Tura





